

**KS3 Current Ed4Life Overview**

	<b>Autumn 1</b>	<b>Spring 1</b>	<b>Spring 2</b>	<b>Summer 1</b>	<b>Summer 2</b>
<b>Year 7</b>	<p><b>Relationships: Understanding me and what effects my life.</b></p> <ul style="list-style-type: none"> <li>- Rights &amp; responsibilities</li> <li>- Empathy/Sympathy</li> <li>- Children’s rights</li> <li>- Prejudice, Discrimination &amp; bullying</li> </ul> <p><b>Health &amp; Wellbeing</b></p> <ul style="list-style-type: none"> <li>- Relationships affect mental health.</li> <li>- Dealing with stress</li> <li>-</li> </ul>	<p><b>Respectful Relationships – Racism</b></p> <ul style="list-style-type: none"> <li>- Diverse Britain</li> <li>- BLM</li> <li>- Racism in football</li> <li>- Similarities &amp; Differences in people</li> <li>- Radicalisation and extremism</li> <li>-</li> </ul>	<p><b>Alcohol &amp; Drugs</b></p> <ul style="list-style-type: none"> <li>- Legal/Illegal drugs</li> <li>- Different types of drugs</li> <li>- Impact on mental health</li> <li>- Classification &amp; Penalties of drugs</li> <li>- Effect on social situations and relationships.</li> </ul>	<p><b>Social Influences</b></p> <ul style="list-style-type: none"> <li>- Assertiveness</li> <li>- Rule of law</li> <li>- Gangs</li> <li>- Gang Culture</li> <li>- Consequences of carrying a weapon</li> </ul>	<p><b>Healthy Lifestyles</b></p> <ul style="list-style-type: none"> <li>- Physical exercise and personal hygiene</li> <li>- Healthy eating choices</li> <li>- What is a balanced lifestyle</li> <li>- Online safety</li> <li>- My responsibilities for keeping safe and healthy.</li> </ul>
<b>Year 8</b>	<p><b>Relationships and Sex</b></p> <ul style="list-style-type: none"> <li>- -Stereotypes of girls and boys</li> <li>- -Body Image and the media</li> <li>- - Self Esteem</li> <li>- -Desirable qualities of a relationship</li> <li>- - LGBTQ+</li> <li>- - Relationships and Marriage</li> <li>- - Sex, Consent and the law</li> <li>- - STI’s</li> <li>- Teenage Pregnancy</li> <li>- Contraception</li> </ul>	<p><b>Financial Sustainability &amp; The 10X (Tenner Challenge) Challenge</b></p> <ul style="list-style-type: none"> <li>- Career Pathways</li> <li>- Importance of money</li> <li>- Budgeting</li> <li>- Life choices impact financial outcomes</li> <li>- Entrepreneurs &amp; Business</li> <li>- Writing a business plan for Tenner Challenge</li> <li>- Products/Advertising</li> </ul>	<p><b>Careers</b></p> <ul style="list-style-type: none"> <li>- Career Pathways</li> <li>- Transferable Skills and Careers</li> <li>- Skills and attributes that employers value</li> <li>- Setting goals and aspirations</li> <li>- Writing a CV</li> <li>- Take your child to work day</li> </ul>	<p><b>First Aid</b></p> <ul style="list-style-type: none"> <li>- Introduction of International Red Cross</li> <li>- Basic First Aid skills</li> <li>- First Aid Champions</li> </ul>	